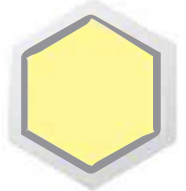




Cooking: Planning meals

Meeting Plan: _____

Week __ Date 3/4/2019



ACTIVITY	DESCRIPTION	RUN BY	TIME*
Preopening __ minutes before meeting			
Opening Ceremony 10 minutes	Flag presentation Oath and Law Uniform Inspection Uniform inspection		7:00
Group Instruction 15 minutes	<ul style="list-style-type: none"> -Discuss: What is the worse camp meals you ever had? (What made it bad?) -Demonstrate: Planning a good menu -Demonstrate: Filling out a duty roster 		7:10
Skills Instruction 30 minutes	<ul style="list-style-type: none"> -Explain that there are six essentials to cooking a good meal: time, ingredients, recipes, cookware, heat sources, and technique. -Give each group a complete dinner menu. Then give them 20 minutes to plan what they need for the six essentials and who will take each role in the preparation. -Have a review board evaluate the groups' plans and then help in reviewing them 		7:25
Breakout Groups 20 minutes	Patrols each work together to research a new recipe to add to their patrol cookbook. It should be unique to the patrol. Patrols then present their recipes in front of the troop.		7:55
Challenge or Game 10 minutes	Flapjack Relay Race		8:15
Closing 5 minutes	Announcements Leader's minute Closing		8:25
Total 90 minutes of meeting			
After the Meeting __ minutes	Leadership team review plans for the next meeting and for the main event.		